Mold Cleanup Tipsheet

NOTE: Hiring a **professional** is recommended if mold covers a space larger than 10 square feet (the size of a door), if it may be in the HVAC system, if there is flood or sewer water damage, or if anyone living in the home has health conditions that may worsen with mold exposure.

Protect Yourself First With:

fitted N-95 respirator

goggles without holes

rubber, nitrile, or neoprene gloves

Supply Yourself With:

- Heavy duty trash bags
- White vinegar/dish soap and spray bottle
- Stiff bristle brush or sponges
- Dehumidifier or fans
- Utility knife (to cut carpet, drywall)
- Tape and plastic sheeting (to close rooms/vents)

hard surfaces

Option 1

- Ventilate
- Spray with **undiluted white vinegar**
- Soak up to 2 hours, then scrub with brush/sponge until color is normal
- Dry completely

OR

Option 2

- Spray area with **3% peroxide** (usually sold like this)
- Wait 10 minutes, then scrub
- Wipe and dry completely

NEVER mix vinegar and hydrogen peroxide

painted drywall

- **Put 3 % peroxide in spray bottle**
- Shake bottle, spray area just enough to cover, let sit 1 hour
- Scrub the wall with sponge or soft brush
- Dry completely with fan

unpainted drywall

- **Must be replaced, not cleaned**
- Mark and measure area 1/3 larger than moldy area, cut out with utility knife
- Put drywall in trash bag immediately
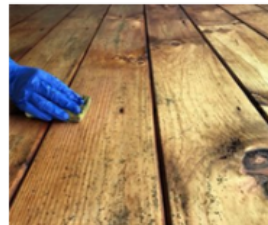- Vacuum area with HEPA vacuum
- Replace with new drywall

carpet

- Sprinkle **baking soda** on carpet
- Leave it overnight, then clean with a HEPA vacuum to clean any remaining mold spores

OR

- **Undiluted white vinegar**
- Spray to cover area
- Let it sit for a few minutes, then scrub it with a stiff brush
- Pat it dry with a towel
- Vacuum with a HEPA vacuum.

wood

- Mix **undiluted vinegar** in a spray bottle
- Soak for 2 hours
- Scrub with brush/sponge
- Let it dry completely.

OR

- Mix 1 tsp **dishwasher detergent** and warm water in spray bottle.
- Gently scrub and wipe with a cloth/sponge

NEVER mix vinegar and hydrogen peroxide